

Mayfield Curling Club

Cleveland, Ohio

July 21, 2020

COVID-19

Return to Curling Policies and Procedures

The COVID-19 Policies and procedures shall supersede any related policies in the *Mayfield Curling Club Policies and Procedures Manual* while they are in effect.

Guidelines

The guiding principles to remain safe and limit the transmission of COVID-19 includes the use of masks, maintaining social distancing (6 feet), hand hygiene, and sanitation of equipment and facility. Minimizing any inter-personal contact and large groups is beneficial toward achieving this goal. The elements listed in this document are intended to describe the proposed actions necessary for the safe return to curling. The well-being of the club members and our community are important. The objective is to be safe in the curling environment while enjoying the sport that is valued by us all. The committee will endeavor to create policies and procedures to ensure that the risks remain low while adhering to federal, local, and state guidelines and mandates. This document is a 'living document' by nature and will be modified as necessary as the Covid-19 situation changes over time. The committee will continue to monitor the state and local guidelines/mandates and change procedures accordingly.

Arrive prepared to Curl

Arrive at the curling club prepared to curl, mask on, dressed for curling, stretched, with personal gear in a bag/duffel. Sanitize hands upon entering the club. Change only shoes in the warm room. Store the duffel bag in the warm room near the sheet of play.

Masks

The use of masks that cover the mouth and nose will be required at all times for curlers, visitors, and spectators, except where noted in other policies or procedures.

Bartender/Server

Masks and gloves will be required. Adherence to sanitation guidelines will be enforced at all times. Maintain 6ft distance from the bartender as indicated by floor markings until your drink is available. Maintain social distance from others in line. All [state guidelines](#) for bar operations will be followed.

Locker Rooms

Locker rooms will be initially closed to changing clothes and storage. They can be used for the sinks and toilets. Social distancing must be maintained in the locker rooms at all times. Use hand washing and hygiene principles. Individuals that must change clothes on the premises for whatever reason may alternate individual use of the "Family restroom".

Enter ice house from designated side, exit from the other

The ice area has doors at opposite corners of the warm room. The door with the ramp shall be designated 'entrance' to the ice house. The other door will become the 'exit' from the ice house curling area. Exceptions will be allowed for individuals that require the ramp to enter and exit the curling area. Signage will be placed to designate the flow of curlers. Sanitize hands after entering.

Curlers sanitize by wiping down their personal equipment

The individual curler will be responsible to wipe down personal equipment that they require. This will be done before, during if necessary, and after the game.

Use of Sheets

The use of only 3 sheets will be the best option to provide maximum social distancing. The use of sheets 1, 3, and 4 will afford the maximum benefit to maintain distance and allow utilization of the two walkways separating the sheets. The game on the middle sheet (3) will start at the alternate (scoreboard) end. Sweepers will stay to the walkways and unused sheets to maintain social distance when not sweeping.

- **Stagger draw times to allow 30 minutes between draws**

Skips and vices should attempt to maintain social distance in the house as much as possible given the close nature of their interaction.

Opposing Skips and Vices will appropriately distance themselves from the throwing team's Skip/Vice in house control. This can be done by standing equal to or behind the hack.

Rock Color/Hammer

Avoid the coin flip and rock color determination. The team listed first on the schedule for the game will be designated the "home" team and will have a choice of hammer or color.

Substitute for handshakes

In order to minimize contact between curlers the traditional handshake will be substituted with a "Good Curling" or "Good game" greeting before and after the game.

Sweeping

Teams will use only **one sweeper** at a time, wearing a mask. The throwing team will be allowed to sweep the shot until it strikes another rock, comes to rest, or travels out of play. **The skip of the non-delivering must remain in the hack area until all stones come to rest. They are not allowed to sweep the opposition stone behind the tee-line.** Four person teams could alternate the use of a single sweeper.

During Play

Touch only your own curling rocks during play. Use feet or broom to move other rocks during play, or at the termination of the end when clearing the house. Attempt to maintain social distance if possible.

Measuring: remove gloves, sanitize your hands, conduct measure, return measure device to its normal location, sanitize your hands.

Drinks in ice house during play

The recommendation is to use sealed, labeled containers with the curlers name. Distance cups on curling tables as much as possible. Curlers may bring their personal, covered, and labeled cup with only non-alcoholic beverages. No common use water containers will be available.

Kleenex Box use

- Dispose of used Kleenex in trash container then sanitize hands.
- When wearing curling gloves: Remove gloves when using Kleenex, dispose of the Kleenex in the trash can, and then sanitize hands. Replace the curling gloves if worn.

Benches

Use benches only if necessary. Sanitize bench surfaces before and after games.

Score Marking

The Vice of each team is the singularly designated individual to mark the score. Only the total score per team will need to be marked. This procedure will eliminate the need to sanitize all the other score markers. Only the number one and two score markers will be made available at the scoreboard.

Hard stop game timing, 2 hours

Each game will start on time, at the same designated time. The “bell rule” will be in effect with the added time restraint of 2 hours maximum for the game. The ice will be cleared at the 2-hour mark to allow teams to sanitize personal equipment, exit from the sheet using the designated door near sheet one, change shoes, and clear the ice and warm room areas for the next draw. The game is over at 2 hours from the draw’s start time. You do not finish the End being played. The score is official as of the last fully completed End.

Ice prep between games

Only one curler will pebble all the sheets that need to be used. Up to two additional curlers can use the Nipper and Sheepskin mop to prep all the sheets needed per draw. In this manner the number of people handling the ice prep equipment is minimized. Sanitize by wiping equipment handles before and after each ice prep.

Broomstacking

- The traditional form of Broomstacking will not be allowed at this time. No sharing of food or drink is permissible. Social distancing and masks will be required in the warm room and lounge areas.
- *USA Curling*, currently states that traditional broomstacking is not a viable option at this time.
- The use of ZoomStacking and patronage/partnership of local bars and restaurants may be a viable alternative.

- This situation will be revisited as the state of the COVID-19 activity changes.

Youth and junior programs

Instructors and juniors will be required to wear *Masks* at all times. Parents and visitors are required to wear masks, use sanitizer, and maintain social distancing practices. Organizers of the junior program will be responsible for sanitization of the equipment and facility.

Junior participants will be required to maintain social distance , spread across sheets, and ends. The use of both ends of the sheet and sheet walkways will help to separate participants.

Visitors and curlers that bring young children not participating in curling activity

Young children not participating in Junior programs will not be permitted at the club.

Private/Corporate Events, Member Parties

- Masks for all participants will be required.
- Social distancing requirements will be enforced.
- Host will be responsible for adherence to rules and sanitization of the equipment and facility.
- Capacity of participants and instructors will be determined at a later date.
- Provide instruction on ice; minimize the number of people in the warm room.
- Possible limit to 24 people plus 6 instructors
- Contact information of all participants must be collected, for possible contact tracing
- Additional sanitation charges may apply

Open Houses/Recruiting Learn2Curls

These activities at the curling club will be postponed until larger group gatherings are more feasible with untrained participants.

Bonspiels

Bonspiels will be postponed until early 2021 or further notice. Previous fall events will be reviewed for possible reschedule in January depending on the COVID-19 situation.

Facility

The entrance doors to the locker rooms will be propped open to avoid the need to touch the doors. The design of the new club allows for this procedure with the retention of privacy. These rooms will only be for the general use of sinks and toilets.

All water fountains will be closed to use.

COVID-19 symptoms

Per the CDC, symptoms include cough, shortness of breath or difficulty breathing, fever, chills, muscle pain, sore throat, and new loss of taste or smell.

If you feel sick, even a little, stay home.

If you develop symptoms while curling

- Immediately isolate yourself and seek medical consultation.
- Notify your Drawmaster and follow guidelines below if applicable.
- Do not return until you have been medically cleared or symptom free for 2 weeks.
- The game on your sheet will be moved to an open sheet.
- Routine sanitation protocols will be followed before the next draw.
- **It should be the curler's responsibility to follow up with signs of COVID-19, be tested, and report to the Club President and/or Drawmaster if positive. Contacts must be identified.**

If you have been diagnosed with COVID-19 or have a positive COVID-19 test result

- **Self quarantine and immediately contact your league Drawmaster and president of the Mayfield curling club for contact tracing of the last 14 days.**
- **Drawmaster or Club designee will notify other curlers in your leagues.**
- **Seek medical attention.**
- **You will need clearance from your doctor to return to curling.**

If you have been in contact (as defined by the CDC) with a person diagnosed with COVID-19 follow the CDC guidelines below:

CDC guidelines

Individual who has had close contact (< 6 feet) for ≥ 15 minutes

Stay home until 14 days after last exposure and maintain social distance (at least 6 feet) from others at all times

Self-monitor for symptoms

- Check temperature twice a day
- Watch for fever*, cough, or shortness of breath, or other symptoms of COVID-19
- Avoid contact with people at higher risk for severe illness from COVID-19

Sanitization/Disinfection

Entering Curling House

- Wear a mask at all times
- If you have forgotten your mask, obtain one from the Drawmaster of your league.

- Sanitize hands when entering the club, each time. Sanitize hands each time after you enter the ice house.

Restrooms /Locker rooms

- Wash hands in the sink with soap and water after restroom use.

On the Ice

- Hand sanitize on entering icehouse
- Sanitize personal curling equipment including the rock handles and running surface with wipes before, during and after use.
- Dispose of wipes in trash container.
- Only the Vice will hang the score marker during the game.
- At completion of the game , each curler sanitizes by wiping down personal curling equipment and rocks with sanitizing wipes. Disposes of used wipes in trash can.
- Optionally, the curler may wish to wash hands with soap and water in the icehouse sink.
- If the curler leaves ice during the game for any reason, sanitize hands when re-entering the icehouse.

Sanitize club between draws

- The Drawmaster or designee will wipe down equipment handles, common touch surfaces, scoreboard numbers, tables, bar, chairs, computer keyboard (if using for scoring).

Ice maker team after each prep session

- The Ice maker team will sanitize ice making equipment, Ice king, brooms, nipper, ice mop, hand tools, hacks, pebble maker and heads, thermometers, and such items that see routine handling.

Sanitizing Agents:

- Hand gels with at least 60% ethanol or 70% isopropyl alcohol.
- Wipes with at least 60% ethanol or 70% isopropyl alcohol.
- Dilute working solution of bleach (hypochlorites), 1/3 cup in one gallon or 4 tsp per quart, for bleach tolerant surfaces, discard after 24 hrs. Date working solution.
- Lysol products with quaternary ammonia.
- Commercially prepared CDC approved disinfecting spray.

Daily Cleaning

Professional cleaning staff or volunteer cleaning staff will clean common touch surfaces, tables, bar area, chairs, computer keyboard (if using for scoring), door surfaces, family room, warm room area, vacuum and locker rooms including the sinks, faucets, tops, toilets.

Deep-Cleaning Disinfection Measures

Deep-cleaning disinfection measures should only be put into place when an employee or customer in your facility has been identified as testing positive for COVID- 19. Refer to the [CDC website](#) for detailed information.

